

# Listen To



# My Life

Using visual maps, **Listen To My Life** is a journey that helps you invite God into the process of reviewing your past, assessing your present and continuing walking with God into your future.

## THIS VISUAL WORKBOOK IS FOR YOU IF:

- You are seeking clarity for the next chapter in your life.
- You want to discover who you are through God's eyes.
- You are seeking new, grace-filled ways to walk with God.
- You have thought, "I don't know myself anymore."
- You wonder, "Is there something more?"
- You stand at a crossroads in life and ask, "Which way will lead me toward expressing more of who I am made to be?"
- You are feeling restless and want to figure out why.

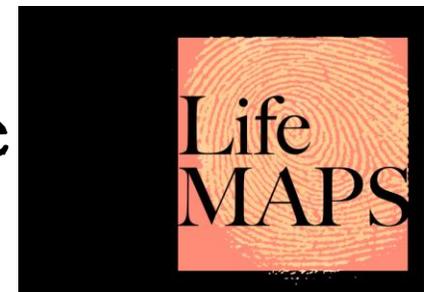
*"Is the life I'm living the same as the life that wants to live in me?"*

- Parker Palmer

Maps for Recognizing and Responding to God in My Story

Presented by *Shammah Ministries* – because your story matters.

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For questions, more detail, and to register: please contact Nancy Bentz at [ncbentz@comcast.net](mailto:ncbentz@comcast.net) or at 509.869.7375.

You are invited to go on a journey of discovery with

## **“Listen To My Life”**

~ A visual map exploration of your life story in a Listening Group setting ~

Shammah Ministries classroom located at 8606 N. Wall Street ~ Suite 201 (NE corner of Wall & Country Homes Blvd), Spokane WA

**What is “Listen To My Life?”** See other side of card for details

**What is a Listening Group?** First, it is not quite like a Bible study or a small group. The focus will be on listening attentively to God with one another. We will learn to deeply listen – to ourselves, to others, and to the Holy Spirit. We will learn to attentively recognize the activity of God in our lives and encourage each other in what God is inviting us to be or do. Using specific listening guidelines, we will refrain from fixing, rescuing, and advising one another.

**What is the format?** Two 2-day sessions (Friday & Saturday) will be held on **March 15-16** and **April 26-27, 2013**. In March we will cover the visual maps **My Life Now, My Life Story, and Peak Experiences**. The **Reviewing My Days** map will be woven throughout our time. April 26-27 we will cover the visual maps **Valley Experiences, Desires & Longings, and Life-Giving Rhythms**. The **Following Forward** map will complete our journey, timing to be determined. Large group dynamics and trio breakout listening and sharing in a safe and confidential atmosphere will be key elements of exploring our stories and how they fit in God’s larger story. Lunch will be shared and enjoyed together.

**What will we share?** You will be asked to complete some map pre-work; some will be completed in session. During our time together, you may share something that was brought forth from your work on the featured map, or whatever the Holy Spirit brings to mind! What you share is *always* your choice.

**I’m interested! What’s next?** First, check your calendar to see if you can commit to **March 15-16 and April 26-27**. An introductory evening (to be scheduled) is an excellent way to become acquainted with the process and others with whom you may journey. **It is not mandatory but recommended**. Next, if you’re a ‘go’ you may purchase from me your **Listen To My Life portfolio of maps for \$40**. The **registration fee for each two-day session is \$99**, payable by March 15 and April 26 respectively (**\$198 total + maps**). This is an opportunity whereby you can choose to invest in a condensed but fruitful time of exploring the implications of the truth that God created you for a purpose, out of which comes your most fully lived & joyful life. **Clarify** your desires. **Discern** how your life story impacts the way you live today and your choices for tomorrow. **Understand** yourself and your part in God’s larger story. **Decide** what you might do to live a life that is a more full expression of who God created you to be.

**Registration closes February 22 to accommodate assigned maps pre-work. Space is limited so register early!**

Privileged to serve you ~ Nancy